



HIGH PERFORMANCE CAMP

powered by



TARGET



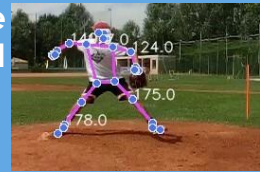
Players from 12 to 16 years of age, looking for an advanced instructional camp particularly focused on throwing program, pitching, catching and hitting fundamentals. Close number to 20 players to ensure an appropriate players to coaches ratio

SPECIAL FEATURES



3d vectoring video analysis

Thanks to a bio mechanics the video analysis of the technical gesture will be carried out using a 3d vectoring system, all players will receive a personalized analysis



DATES

Armin Wolf Baseball Arena
1st of November (afternoon)
2nd of November (full day)
3rd of November (full day)
4th of November (morning)

Postural Testing



Sporting Spine
PHYSIOTHERAPIE & TRAINING

A certified professional will perform a body screening of each player, with particular attention to postural problems. Each player will receive a report to than use it the best way possible

COSTS



The registration fee will include meals (2nd and 3rd of November) t-shirt and Hat.

- € 420,00 per player
- € 378,00 per Player if Legionäre member

Psychological session

The program will include a psychological session on how to approach game pressure and other specific moments related to a game. Players will receive precise guidelines and tools that they will be able to use in real scenarios



REGISTRATION

Scan the QR-Code



The Staff

Lucio Taschin - Throwing and Pitching specialist
Tomas Bison - Hitting and catching specialist
Gianni Natale - Athletic trainer
Christian Pedrol - Assistant Pitching coach
Klaus Hopfensperger - Assistant Hitting coach



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*The Camp will be held in English